

THIS WEEK AT ST. PAUL'S LUTHERAN CHURCH

Sunday 4/24 Message: "Transformed: Mental Health"

9:20 am Education Time / Basics 1 & 2 Class (Conf. Room)

1:00 pm Ladies Shower Celebration for Bender Family

6:30 pm THRIVE Community (TRANSFORMED for Youth)

Monday 4/25

7:00 pm Schlosser Small Group (Conference Room)

Tuesday 4/26 Call Day at Concordia Seminary St. Louis

5:45 am Body & Soul Exercise Class (Rm 122) *All Welcome!*

8:00 am SPL Foundation Meeting (Conference Room)

6:30 pm Lay Ministry Meeting (LCR)

Wednesday 4/27

10:30 am Ministry to Mature (Great Room)

6:30 pm Basics 1 & 2 Class (Conference Room)

Thursday 4/28 Handbell 5:30pm, Choir 6:30pm

5:45 am Body & Soul Exercise Class (Rm 122) *All Welcome!*

1:00 pm Hinz Group Bible Study (Conference Room)

6:30 am Men's Bible Study (Conference Room)

Friday 4/29

Saturday 4/30 Message: "Transformed: Emotional Health"

8:00 am Football, Family & Faith Event (Great Room)

4:00 pm SPL Praise Team Rehearsal (Sanctuary)

4:30 pm Power Small Group (Great Room)

6:00 pm Contemporary Worship (SHiNe Time - 6:15pm)

Sunday 5/1 Message: "Transformed: Emotional Health"

8:00 am Traditional Worship

9:20 am Education Time / Basics 1 & 2 Class

10:30 am Contemporary Worship

6:30 pm THRIVE Community (TRANSFORMED for Youth)

April 26th is Call Day at Concordia Seminary - St. Louis

Watch Online (7:00pm) at callday.csl.edu/watch/placements.html

Family & Faith Celebration - Confirmation

At our 10:30am worship service this weekend, we celebrate the Confirmation of the following 8th grade youth and their families: Caleb Bayles, Allison Campbell, Ryan Chance, Amber DeLong, Trevor Dunn, Zachary Francis, Delaney Harjung, PJ House, Maxwell Klebe, Joshua Mell, Aeden Miller, Wayne Moran, Jackson Newlin, Jordyn Pate, Pryce Rhodes, McKynna Tolle, Madigan Vought, and Rachel Wood.

We Worship...

Last Week in Worship: 816
4 Week Avg. Regular Attendance: 835

...Better Together!

CALENDAR OF UPCOMING EVENTS

May 7th Get Your Tickets in the Fellowship Area Today!

Pancake Breakfast for Guatemala Mission Team (@SPL)

May 12th Hosted by the LSA High School - Call 233-2000

Red Cross Blood Drive (9:00am-5:00pm @LSA)

May 13th Lead by the SPL Praise Team - All are welcome to attend!

Let the Heavens Open: An Evening of Praise & Worship (7pm)

May 14th Get Your Tickets in the Fellowship Area Today!

Women's Brunch Sponsored by Women's Ministry (@SPL)

May 15th SPL Foundation Planting for Eternity Weekend

SPL Semi-Annual Voters Meeting (2:00pm @Great Room)

June 5th Save the Date - See today's handout for more information

Retirement Celebration for Pastor Wray Offermann (4:00pm)

June 13th-17th Watch for more volunteer & registration info to come!

"Cave Quest" Vacation Bible School (VBS) at SPL

June 23rd Serving opportunities available: Contact Andrea Gerhard

WBGL Backyard Bounce @St. Paul's Lutheran Church (8a-12p)

CONNECT WITH US!

Visit our updated website at spldecat.org

Find us on Facebook at www.facebook.com/stpaulsdecat

Follow us on Twitter at @SPLDecatur

View our Live Stream at stpaulsdecat.org/sermon.net

Subscribe to our SPL E-Updates at <http://eepurl.com/bu3tql>



TRANSFORMED

How God Changes Us

Be transformed by the renewing of your mind . . .

ROMANS 12:2

MENTAL HEALTH

10:30 AM WORSHIP

APRIL 24, 2016

Pastor Doug Bender

Pastor Eric Trickey

Pastor Wray Offermann



Do not conform any longer

to the pattern of this **WORLD**,

but be **TRANSFORMED**

by the **RENEWING** of your mind.

ROMANS 12:2 (NIV)

Prayer Before Worship

Everlasting God, as we gather here to worship we come to remember You. We remember Your promises made to us, that You have rescued us from our sinful flesh and set us free in Christ. We give You thanks for the mercy You pour out on us in this place and for the power to be sent into the world to help the hurting and seek the lost. Fill us with Your Word, and help us to always see Your big picture of calling this world back to Your loving arms. In Jesus' name. Amen.

Call to Worship

There Is Power

Welcome and Announcements

Opening Praise and Procession

Today Is The Day

Invocation

I Will Not Be Shaken

Memory Verse Review

1 Corinthians 6:19-20 (NIV)

Scripture Reading

Romans 12:2 (NIV)

Message

"TRANSFORMED: Mental Health"

2 Corinthians 10:3-5



ST. PAUL'S LUTHERAN CHURCH

1 BACHRACH CT. | DECATUR, IL 62526

PH: 217-423-6955 | INFO@SPLDECATUR.ORG

SPLDECATUR.ORG

BUILD THE HOME, CHANGE THE WORLD.

Confession and Absolution

Great God and Father, before You spoke life into existence, You knew me. You created me to be one of a kind, a unique reflection of Your image and Spirit. Far too often I forget who I am. I ignore my shortfalls and the ways sin destroys my character. I become careless as to what enters my thoughts and controls my actions, and the world and the devil build strongholds in my heart and mind. Forgive me, Father, for forgetting just who You are and who You have made me to be. Restore my Spirit, renew my mind, and set me again on Your path of righteousness. In Jesus' name. Amen.

Offering

Our offerings, gifts, and tithes are returned to Jesus in response to His sacrificial love for us. During the offering time, please complete one of the worship cards found in the pew in front of you and pass it to the center aisle.

I Fix My Eyes On You

Vows of Confirmation

Words of Institution

Rite of Confirmation and Family Communion

Celebrating the Lord's Supper

If you have not communed with us before, please read "Our Belief: Receiving the Lord's Supper" located on the following page. We encourage families to commune together. Prayer Ministers are available at the front and back of the sanctuary to pray with you at this time.

Communion

Captain

Cornerstone

Revelation Song

Prayers of the Church & The Lord's Prayer

A handout with this week's prayer concerns is available at the Usher's Booth for those who would like to continue to pray about these concerns.

Blessing

Closing Song

Because Of Your Love

TRANSFORMED MENTAL HEALTH

Following the seven weeks of our TRANSFORMED series, we will begin our First 90 Days, a cycle of community offerings where you can dig deeper into one of the seven areas. For Mental Health, we will encourage you to connect with others in life's hurts, habits, and hangups through *Celebrate Recovery* at SPL beginning in June (details to come in the weeks ahead).

Individually you might consider these additional resources:

I Trust When Dark my Road: | *Darkness Is My Only Companion:*
A Lutheran View of Depression | *A Christian Response to Mental*
(Todd Peperkorn) | *Illness* (Kathryn Greene-McCreight)

Let the Heavens Open: AN EVENING OF PRAISE & WORSHIP

Bring your family, friends and neighbors to St. Paul's Lutheran Church for a night of praise and worship themed "Let the Heavens Open" lead by the SPL Praise Team on Friday, May 13th at 7:00pm. This is a free event - open to the community.

Flowers on the Altar

Flowers on the Altar are placed to the glory of God and in celebration of His many blessings from our 2016 Confirmands.

Our Belief: Receiving the Lord's Supper

The Apostle Paul wrote, "A man ought to examine himself before he eats of the bread and drinks of the cup." (1 Corinthians 11:28) In order to examine yourself before attending the Lord's Supper, when offered, ask yourself the following questions:

1. Do I believe I am a sinner, and am I sorry for my sins?
2. Do I believe Jesus, by His death, offers me forgiveness for all my sins?
3. Do I believe I receive the body and blood of Jesus in and with the bread and wine? (*They are not merely symbolically present.*)
4. Do I truly desire to turn from my sinful ways?

If you are able to answer "yes" to these questions, we invite you to join us for the Lord's Supper, when offered. Children and adults who cannot answer affirmatively are invited and encouraged to come forward for a blessing but should refrain from receiving the bread and wine.*

*For those who are unable, or prefer not to consume wine, cups with white grape juice are located in the center of the communion trays.

MESSAGE NOTES

MENTAL HEALTH

TRANSFORMED EMOTIONAL HEALTH 4/30 & 5/1

Community Life Discussion Questions are available along with the weekly Prayer Concerns at the back of the sanctuary.

GET CONNECTED: EVENTS FOR MEN & WOMEN

- SPL Men's Ministry invites you to attend "Football, Family & Faith" on Saturday, April 30th from 8:00-9:00am in the Great Room. Enjoy donuts & coffee and connect with 5x State Champion Coach Derek Leonard. For all ages - free event.
- SPL Women's Ministry welcomes women of all ages to attend the Women's Fellowship Brunch titled "A Woman's Life TRANSFORMED: The Roles We Play" on Saturday 5/14 at 10:00am. Tickets are \$3.00 each - includes Brunch & Program.

COMMUNITY PANCAKE BREAKFAST

Bring your family and friends to SPL on Saturday, May 7th from 7:30-10:30am for a Community Pancake Breakfast provided by SPL Men's Ministry in support of the 2016 SPL Guatemala Mission Team. Enjoy pancakes, Heinkel's sausage, coffee & juice. Tickets are available in the Fellowship Area (or at the door).

CHILDREN & YOUTH MINISTRY CORNER

Follow @SHiNeSPL

Children's Ministry: SHiNe with us on Sundays at 9:20am (Saturday 6:15pm) for children's education time. PreK-K meet in 206. 1st-4th Gr. meet in 203. Gr. 5/6 meet in the Choir Room.

BUILDING BLOCKS: Class for Parents/Caretakers and Babies to 3 year olds on Sundays at 9:20am in Room 211.

Youth Ministry: THRIVE Senior High Youth Sundays at 9:20am (Rm 214) (pastordoug@spldecat.org). **All grades (7-12) are welcome in 214 on Sundays.**

THRIVE Community: SPL Youth TRANSFORMED on Sundays at 6:30pm weekly (3151 St. Andrews Ct.!) Materials are provided.