

ASH WEDNESDAY

February 17th, 2021

What is Lent?

Lent is the 40 days leading up to Easter (Sundays don't count, because they are "little Easters"). Lent is a time to slow down and reflect on Jesus' love and sacrifice for us. Christians have traditionally given something up or "fasted" from something to remind them of Jesus' sacrifice throughout the day. We hope you enjoy giving up a few minutes for 40 days this Lent by pulling an idea from the Lent jar and focusing on what it says.

What is Ash Wednesday?

On Ash Wednesday, you might see some people with a forehead that looks dirty. Traditionally churches celebrate Ash Wednesday by having pastors put ashes on their forehead in the shape of a cross and say, "You are dust, and to dust you shall return." "You are dust" reminds us that God first formed man out of the dust of the ground and blew into his nostrils the breath of life. "To dust you shall return" reminds us that our life on earth isn't what it's all about. One day, we will all die and be buried in the ground. Ash Wednesday is the kickoff to Lent that reminds us that living life for Jesus is the most important thing. It's not all about new toys, eating yummy food, and having fun - life is about loving Jesus and being loved by Him.

LOVE GOD:

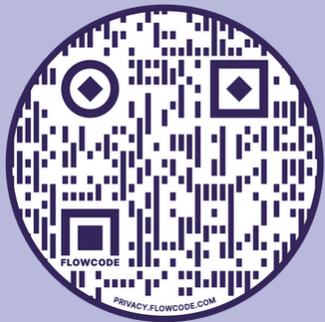
Read Genesis 3:19 in the Bible.

BUILD THE HOME:

Discuss your hopes for the next 40 days as a family. How can you grow closer to Jesus together?

CHANGE THE WORLD:

Before we can change the world, we need Jesus to change us. Talk to God in prayer about your desire to be a world-changer, and ask Him to help you grow in that area this Lent.



LEVEL UP!

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